WELCOME 2023 PARTICIPANTS

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NEBRASKA NATIVE YOUTH GATHERING:

HONORING THE SACRED HOOP

20 STRENGTHENING INDIGENOUS LEADERS 23

WEDNESDAY APRIL 26

9:30 AM - 2:30 PM CST
A Hybrid Event
Northeast Community College: Lifelong Learning Center
https://nenyg.com/

THURSDAY APRIL 27

9:00 AM - 12:30 PM CST
Northeast Community College: Lifelong Learning Center

ALL MATERIALS CAN BE FOUND AT HTTPS://NENYG.COM/

NEBRASKA NATIVE YOUTH GATHERING 2023 SPONSORS

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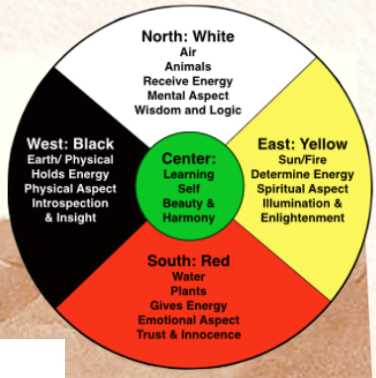
NEBRASKA NATIVE YOUTH GATHERING:

Thank You Gold Sponsors!!



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EDUCATING THE WHOLE CHILD

Nebraska HEALTHY SCHOOLS PROGRAM

NEBRASKA DEPARTMENT OF EDUCATION

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NEBRASKA NATIVE YOUTH GATHERING 2023

WEDNESDAY APRIL 26 AGENDA

PRAYER & WELCOME

9:30-9:45

PRAYER

Dwight Howe

Howe is a Tribal elder working on preserving language and culture. He is Omaha and Ponca Indian, and has been a program developer, educator, and public speaker for over 30 years.

WELCOME

Michelle Parker

The History of the Nebraska Native Youth Gathering

KEYNOTE SPEAKER

9:45-10:45

THE ART OF INDIGENOUS RESILIENCE

Nathaniel Ruleaux

Nathaniel Ruleaux (he/him) is an award-winning artist. A partner, father, and member of the Oglala Lakota Nation, his work combines modern art with traditional indigenous imagery. He is a founding member of Unceded Artist Collective.

Reflecting on his family history and body of work, Ruleaux will show examples of where his art intersects with activism. He will share how - through self expression and collaboration - he seeks to honor the past, document the present, and fight for a brighter indigenous future.

Using premade stencils, Ruleaux & participants will work together to create a mural celebrating the conference and all those in attendance.

TRANSITION

Visit Exhibitor Tables
10:45-10:55

NEBRASKA NATIVE YOUTH GATHERING:

HONORING THE SACRED HOOP

20 STRENGTHENING INDIGENOUS LEADERS 23

Breakout Sessions are held in

Suites A, B, C, D, K, L.

Northeast community college

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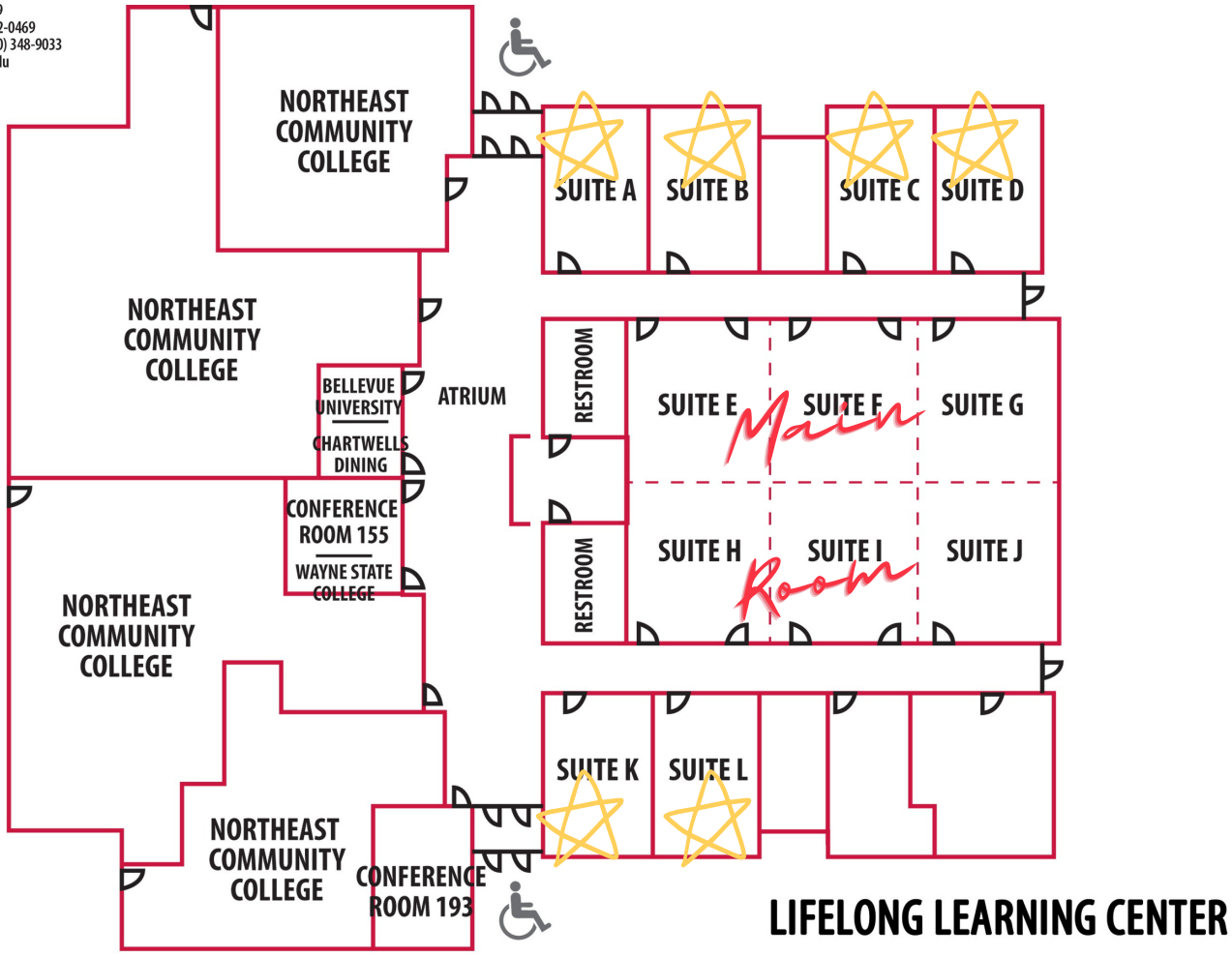

Share your NNYG experience on social media! Post on twitter and tag @NDE_news with the hashtag #NENYG

NEBRASKA NATIVE YOUTH GATHERING 2023

CAREER SESSIONS

10:55-11:40

CAREER OF A POLICE OFFICER/FIRST RESPONDER

Officer Ruteena Alcantara
Suite C

Learn about Community Policing, what it looks like, and whether or not it's an effective approach. Discuss examples of pros and cons of Community Policing. Learn as Ofc Ruteena Alcantara shares her experience of being a Beat Patrol Officer.

CAREERS IN SPORTS MEDICINE

Kerry Waple
Suite D

Learn the different health care professions that lay claim to the title Sports Medicine. These are athletic trainers, physicians, physical therapists, chiropractors, just to name a few.

MAKING SENSE OF IT ALL: A JOURNEY OF EXPERIENCE

Dwight Howe
Suite A

Join Dwight as he shares his educational, personal, and professional journey in a white man's world to where he is today working for the tribe of Nebraska.

STARTING A HIGH-GROWTH ENTERPRISE

Biagio Arobba
Suite B

Innovation can help raise nations out of poverty. How does this work, and what does it mean for you? This workshop will cover these questions, and help you get started with your own high-growth enterprise. Topics covered include: defining innovation & high-growth, how innovation helps communities, Nebraska fundraising opportunities, how to come up with your startup idea, introducing a Business Model Canvas, and running through impromptu examples.

NEBRASKA NATIVE YOUTH GATHERING 2023

HOPE SQUADS

Donna Wolff
Suite K

Hope Squad is a peer-to-peer suicide prevention program. Hope Squad members are nominated by their classmates as trustworthy peers and trained by advisors. The program reduces youth suicide through education, training, and peer intervention.

FOOD IS MEDICINE: UMOⁿHOⁿ NATION HISTORIC MEMORY

Ricardo Ariza
Suite L

Imagine growing your own food and learning to change your diet. Through a partnership between JAG Nebraska and Umoⁿhoⁿ Nation Public School, we have taken successful steps toward our future. This session will provide an overview of how we have created a program to improve food security, develop employment opportunities, promote advancement to higher education, teach employability skills through work-based learning, and provide career exploration. Students earn $10.00 per hour farming seven acres of Tribal land, organizing farmer's markets, and learning life skills.

FINDING BALANCE: WALKING IN TWO WORLDS

William Bass & Sarah Snake
Main Room

Whether growing up in an Indian Reservation or in an urban or rural community, Native youth can struggle when it comes to living in their tribal world and in a modern world. Willy and Sarah will share their personal stories about living on and off the Winnebago Reservation and how they managed to find balance with their cultural and modern ways of living, including family, school, and work. By the end of the session, students will be able to list three ways they can find balance walking in two worlds.

LUNCH BREAK

Visit Exhibitor Tables & Lunch
11:40-12:20

SPONSORED BY CHILDREN'S HOSPITAL & MEDICAL CENTER

Please take this time to enjoy a snack and visit the exhibit booths.

Share your NNYG experience on social media! Post on twitter and tag @NDE_news with the hashtag #NENYG

NEBRASKA NATIVE YOUTH GATHERING 2023

CULTURE SESSIONS

12:20-1:00

21ST CENTURY JOURNEYS

Barbra Buttes
Suite C

Join us to think through the many career paths available to you as you consider your strengths and unique contributions you can make to your career or college journey and support your family and community.

JOURNEY OF AN INDIGENOUS EDUCATOR

Delberta Frazier
Suite D

A story of becoming an Indigenous Educator in Indian country. Delberta Frazier will share the details of her career path which lead her to being a teacher while living on a reservation. This path lead her in assisting with the development an innovative approach to nature based education for our native students.

FINDING THE BALANCE

Misty Flowers
Suite A

In this session, you will utilize the Medicine Wheel Model to Natural Horsemanship and cultural strength to find the balance to health, well-being, and finding your career path.

LIVING IN TWO WORLDS: THE POWER OF NATIVE IDENTITY & STRUGGLES

Bonnie LaDeaux
Suite B

Join Bonnie as she will be talking about living in two worlds while still supporting their Native identities and beliefs and empowering themselves. Perseverance is the key!

LEARNING ABOUT OUR LANGUAGE

Kristine Earth
Suite K

NEBRASKA NATIVE YOUTH GATHERING 2023

VIOLENCE IS NOT OUR TRADITION

Kirby Williams
Suite L

This session will address teen dating violence awareness. We will discuss unhealthy relationship behaviors and identify healthy relationship dynamics through activities and video examples.

TRADITIONAL GAMES & INDIGENOUS MUSIC

OC Earth
Main Room

SNACK BREAK

Visit Exhibitor Tables & Break
1:00-1:20

SPONSORED BY CHILDREN'S HOSPITAL & MEDICAL CENTER

Please take this time to enjoy a snack and visit the exhibit booths.

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CLOSING KEYNOTE

1:20-2:00

FREE YOUR MIND

Dr. Anitra Warrior, PhD, LP at Morningstar Counseling

Focus on the power of mindset and action steps for success in all areas of a student's life. Students will learn practical steps in addressing personal thoughts, emotions, and behaviors that support their well-being as a student and as they move forward in their lives.

CLOSING

2:00-2:30

TIPI LIGHT ACTIVITY & NEW BREED SINGERS

Delberta Frazier, OC Earth & New Breed Singers

PLEASE FILL OUT ALL EVENT EVALUATIONS TO BE ELIGIBLE TO WIN A VARIETY OF $25 GIFT CARDS!! WE VALUE YOUR FEEDBACK.

NEBRASKA NATIVE YOUTH GATHERING 2023

THURSDAY APRIL 27 AGENDA

PRAYER & WELCOME — *Les Painter* *9:00-9:15*

SESSION 1 — *9:15 -10:15*

TEACHINGS OF THE MEDICINE WHEEL

Mona Zuffante

Our Indigenous knowledge among our tribal communities is unique and similar in nature. This session will focus on teachings of the circle beginning from the east venturing towards the south, west, and north in accordance with the sun. Teachings of the mind, aging process,and how external"monsters"can affect our well-being.

BREAK — *10:15 -10:30*

ACTIVITY — *10:30 -10:50*

SESSION 2 — *10:50 -12:00*

EACH AND EVERY DAY DOCUMENTARY

Donna Wolff

The film shares the stories of nine young people who have attempted suicide or have experienced suicidal thoughts. Each individual shares their real-life stories of their mental health journey, the challenges and the journey to recovery in understanding what makes life worth living. The film offers relatable and authentic portraits of young people dealing with suicide and emphasizes help seeking and hope.

CLOSING — *12:00- 12:15*

Grab and go lunch is available for participants.

THANK YOU NEBRASKA NATIVE YOUTH GATHERING 2023 COLLABORATORS!

PLANNING COMMITTEE

Kirk Ahrends - *Walthill Public School*
Ranae Aspen - *Nebraska Dept. of Education*
Barbara Buttes - *Nebraska Dept. of Education*
Lauren Carriere
Marcella Clark - *Omaha Public Schools*
Jeannie Chastain - *Nebraska Dept. of Education*
Jessie Coffey - *Nebraska Dept. of Education*
Greg Donovan - *Society of Care*
Kristine Earth - *Winnebago Public School*
Katie Edwards - *University of Nebraska-Lincoln*
Dan Fehringer - *Winnebago Public Schools*
Tracy Hartman-Bradley - *Omaha Public Schools*
Sydney Kobza - *Nebraska Dept. of Education*
Echohawk Lefthand - *Nebraska Dept. of Health and Human Services*
Sarah Meyer - *Nebraska Dept. of Education*
Michelle Parker - *Ho-Chunk Community Development Corporation*
Jon Pickinpaugh - *Umóⁿhoⁿ Nation Public School*
Mariella Resendiz - *Nebraska Dept. of Education*
Julie Rother - *Northeast Nebraska Public Health Department*
Jewel Schifferns - *Children's Hospital and Medical Center*
Jessica Seberger - *Nebraska Dept. of Health and Human Services*
Donna Wolff - *Youth Crisis Intervention Center and Youth Shelter*
Drew Worster - *Nebraska Dept. of Education*

PARTICIPATING SCHOOLS

Bryan Community School
Lincoln Public Schools
Niobrara Public Schools
Norfolk Public Schools
Umóⁿhoⁿ Nation Public Schools
Scottsbluff Public Schools
Walthill Public Schools
Winnebago Public Schools
Valentine Community Schools
Verdigre Public School

EXHIBITORS

Children's Hospital & Medical Center
Ho-Chunk, Inc.
NDE Farm to School
NDE Native American Advisory Team
NDE No Limits Youth Tobacco Prevention Program
Nebraska Healthy Schools Program
Nebraska Indian Child Welfare Coalition
Northeast Nebraska Suicide Prevention Coalition
Society of Care
University of Nebraska-Lincoln